

Know Your Eligible and Ineligible Expenses

Maximize the Value of Your Reimbursement Account - Your reimbursement account dollars can be used for a variety of out-of-pocket health care expenses.

Eligible Expenses

BABY/CHILD TO AGE 13

- Lactation Consultant*
- Lead-Based Paint Removal
- Special Formula*
- Tuition: Special School/Teacher for Disability or Learning Disability*
- Well Baby /Well Child Care

DENTAL

- Dental X-Rays
- Dentures and Bridges
- Exams and Teeth Cleaning
- Extractions and Fillings
- Oral Surgery
- Orthodontia
- Periodontal Services

EYES

- Eye Exams
- Eyeglasses and Contact Lenses
- Laser Eye Surgeries
- Prescription Sunglasses
- Radial Keratotomy

HEARING

- Hearing Aids and Batteries
- Hearing Exams

LAB EXAMS/TESTS

- Blood Tests and Metabolism Tests
- Body Scans
- Cardiograms
- Laboratory Fees
- X-Rays

OTHER

- Sales tax, shipping and handling fees (for any eligible expense)

MEDICAL EQUIPMENT/SUPPLIES

- Air Purification Equipment*
- Arches and Orthotic Inserts
- CPAP Machine & Headgear
- Contraceptive Devices
- Crutches, Walkers, Wheel Chairs
- Exercise Equipment*
- Hospital Beds*
- Mattresses*
- Medic Alert Bracelet or Necklace
- Nebulizers
- Orthopedic Shoes*
- Oxygen*
- Post-Mastectomy Clothing
- Prosthetics
- Syringes
- Wigs*

MEDICAL PROCEDURES/SERVICES

- Acupuncture
- Alcohol and Drug/Substance Abuse (inpatient treatment and outpatient care)
- Ambulance
- Fertility Enhancement and Treatment
- Hair Loss Treatment*
- Hospital Services
- Immunization
- In Vitro Fertilization
- Physical Examination (not employment-related)
- Reconstructive Surgery (due to a congenital defect, accident, or medical treatment)
- Service Animals
- Sterilization/Sterilization Reversal
- Transplants (including organ donor)
- Transportation*

MEDICATIONS

- Insulin
- Prescription Drugs

OBSTETRICS

- Breast Pumps and Lactation Supplies
- Doulas*
- Lamaze Class
- OB/GYN Exams
- OB/GYN Prepaid Maternity Fees (reimbursable after date of birth)
- Pre- and Postnatal Treatments

PRACTITIONERS

- Allergist
- Chiropractor
- Christian Science Practitioner
- Dermatologist
- Homeopath
- Naturopath
- Optometrist
- Osteopath
- Physician
- Psychiatrist or Psychologist

THERAPY

- Alcohol and Drug Addiction
- Counseling (not marital or career)
- Exercise Programs*
- Hypnosis
- Massage*
- Occupational
- Physical
- Smoking Cessation Programs*
- Speech
- Weight Loss Programs*

Note: This list is not meant to be all-inclusive, as other expenses not specifically mentioned may also qualify. Also, expenses marked with an asterisk (*) are "potentially eligible expenses" that require a Note of Medical Necessity from your health care provider to qualify for reimbursement.

The IRS does NOT allow the following expenses to be reimbursed, as they are not prescribed by a physician for a specific ailment.

Ineligible Expenses

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| <ul style="list-style-type: none"> ■ Contact Lens or Eyeglass Discount/Insurance Programs ■ Cosmetic Surgery/Procedures ■ Electrolysis ■ Teeth Whitening | <ul style="list-style-type: none"> ■ Insurance Premiums and Interest (FSA Ineligible Only) ■ Long Term Care Premiums (FSA Ineligible Only) ■ Marriage or Career Counseling | <ul style="list-style-type: none"> ■ Personal Trainers ■ Sunscreen (SPF less than 15) ■ Swimming Lessons ■ Imported/Out of Country Mail-ordered Prescriptions |
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Note: This list is not meant to be all-inclusive.

Ineligible Expenses (unless prescribed in accordance with state laws)

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| <ul style="list-style-type: none"> ■ Homeopathic remedies | <ul style="list-style-type: none"> ■ Naturopathic remedies | <ul style="list-style-type: none"> ■ Vitamins and supplements |
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OTC items that are eligible for purchase as of 1/1/2020, without the need for a prescription.

Eligible OTC Items

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| <ul style="list-style-type: none"> ■ Acid controllers ■ Acne medications ■ Allergy & sinus ■ Antibiotic products ■ Antifungal (Foot) ■ Antiparasitic treatments ■ Antiseptics & wound cleansers ■ Anti-diarrheals ■ Anti-gas ■ Anti-itch & insect bite ■ Baby rash ointments & creams ■ Baby teething pain ■ Baby Electrolytes and Dehydration, such as Pedialyte, Enfalyte ■ Cold sore remedies ■ Contraceptives ■ Cough, cold & flu ■ Denture Adhesives, Repair, and Cleansers, such as PoliGrip, Benzodent, Plate Weld, Efferdent ■ Denture pain relief ■ Digestive aids ■ Diabetes Testing and Aids, such as Ascencia, One Touch, Diabetic Tussin, insulin syringes; glucose products ■ Diagnostic Products, such as Thermometers, blood pressure monitors, cholesterol testing | <ul style="list-style-type: none"> ■ Ear Care, such as unmedicated ear drops, syringes, ear wax removal ■ Elastics/Athletic Treatments, such as ACE, Futuro, elastic bandages, braces, hot/cold therapy, orthopedic supports, rib belts ■ Eye Care, including contact lens care ■ Family Planning, including Pregnancy and ovulation kits ■ Feminine antifungal & anti-itch ■ Female menstrual products ■ Fiber laxatives (bulk forming) ■ First Aid Dressings and Supplies, such as Band Aid, 3M Nexcare, non-sport tapes, and burn remedies ■ Foot Care Treatment, such as unmedicated corn and callus treatments (e.g., callus cushions), devices, therapeutic insoles ■ Glucosamine &/or Chondroitin, such as Osteo-Bi-Flex, Cosamin D, Flex-a-min Nutritional Supplements ■ Hearing Aid/Medical Batteries ■ Hemorrhoidal preps ■ Home Health Care (limited segments), including ostomy, walking aids, decubitis/pressure relief, enteral/parenteral feeding supplies, patient lifting aids, | <ul style="list-style-type: none"> orthopedic braces/supports, splints & casts, hydrocollators, nebulizers, electrotherapy products, catheters, unmedicated wound care, wheel chairs ■ Incontinence protection and treatment products, including Attends, Depend, GoodNites for juvenile incontinence, Prevail ■ Laxatives (non-fiber) ■ Medicated respiratory treatments & vapor products ■ Motion sickness ■ Nasal sprays, drops and inhalers, including Saline Nasal Spray ■ Oral remedies or treatments ■ Pain relief (includes aspirin) ■ Prenatal Vitamins, such as Stuart Prenatal, Nature's Bounty Prenatal Vitamins ■ Reading Glasses and Maintenance Accessories ■ Skin treatments ■ Sleep aids & sedatives ■ Smoking deterrents ■ Stomach remedies ■ Unmedicated vapor products |
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For additional information, please contact Goldleaf Partners

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